



NORTH-WEST

Communications to: Secretary: Alexis Langhorne. Phone 835-2237.

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NEWSLETTER JULY 2022

OUR NEXT MEETING IS MONDAY 11 July 2022

at Henderson Bowls, 2/20 Alderman Drive, Henderson

Programme:

9.45 President's welcome and announcements

10.00 Presentation by the Food in History and Society Group

10.20 Morning tea

10.45 Guest Speaker: Abbas Nazari, Afghani Refugee and Author

INTRODUCING OUR NEXT SPEAKER

ABBAS NAZARI

(Pronounced A-Bus Na-Zar-Ree)

Imagine packing up your life in a few duffel bags, and being forced to flee your homeland and all that you've ever known, trekking across foreign lands in hope of rebuilding your life elsewhere. Our speaker today, Abbas Nazari, did just that, having fled Afghanistan as a refugee, travelling across land and sea, and eventually building a new life here in Aotearoa New Zealand.

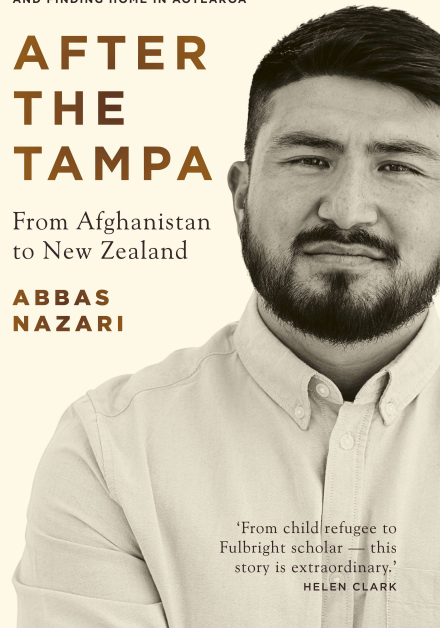
Abbas fled the Taliban in Afghanistan as a child, and was resettled in New Zealand after his family were rescued by the Tampa containership in 2001, an international story known as the Tampa Affair.

ESCAPING THE TALIBAN AS A YOUNG CHILD,
ADRIFT AT SEA AS A REFUGEE FOR WEEKS,
AND FINDING HOME IN AOTEAROA

AFTER THE TAMPA

From Afghanistan
to New Zealand

**ABBAS
NAZARI**



'From child refugee to
Fulbright scholar — this
story is extraordinary.'
HELEN CLARK

Abbas and his family have thrived since being resettled to New Zealand. In 2019, Abbas was awarded a Fulbright scholarship to the United States, where he graduated with a Master's in Security Studies from Georgetown University, Washington DC.

His memoir, *After the Tampa: From Afghanistan to New Zealand* (Allen & Unwin, 2021), is a #1 bestseller. Abbas will have copies of *After The Tampa: From Afghanistan to New Zealand* available for sale and signature for \$40. Cash and Eftpos accepted.

Abbas has recently been named a finalist for the 2022 Young New Zealander of the Year. Abbas will be speaking about his journey, his experiences of thriving in a foreign country, overcoming life's obstacles, and some lessons learned along the way.

Abbas has an incredible story, and he is here to share that story with you, as well as some lessons learned along the way. Please welcome Abbas Nazari.

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LAST CHANCE TO REGISTER CELEBRATING U3A IN ACTION

Salvation Army Church, 18 Allright Place, Mt Wellington

Saturday Auckland 30 July 2022 at 9:30am

Cost \$40

Speakers. Judge Andrew Becroft QSO, Barrister, previous Children's Commissioner
Topic - 'Young People Today – How to Relate to Them'

Afternoon – The Right Honorable Dame Patsy Reddy GNZM CVO QSO DStJ
(Former Governor General of NZ) will be interviewed by Heather Baigent, Member
of St Heliers and former U3A Network President.

Attendees are invited to submit questions for Dame Patsy by using the Network e-mail
address: u3a.hobsonville@outlook.com

register: <https://u3aauckland.net><https://u3aauckland.net>

Sharing From the Book Club

Each month our group gathers in the Glen Eden library, where we talk about a couple of

books we have read since the last month, and recommend for others. This way we are introduced to new authors or are encouraged to venture into a different genre.

This a selection of books we thought worth reading, at our last meeting.

WHISPERING HOPE Compiled by Stephen O’Riordan. Non-Fiction

Five women give accounts of their horrendous experiences in the Magdalene Homes

OUT OF AFRICA by Karen Blixen

The lyrical story that inspired the movie

SILENCE WILL SPEAK by Errol Trzbinski. Non-Fiction

Biographies of the lovers in the above movie

ALL THE FUN OF THE FAIR by Caroline Hulse. Fiction

A twelve year old’s perspective of the death of her sister at the fair

SUNFLOWER SISTERS by Martha Hall Kelly. Fiction (based on true accounts)

The American Civil War seen through the eyes of a slave girl, a woman plantation owner and an American socialite wishing to be a nurse

LESSONS IN CHEMISTRY by Bonnie Garmus. Fiction

Chemist Elizabeth Zott is not your average woman. In fact she would point out that there is no such thing.

THE BOOKSELLER AT THE END OF THE WORLD by Ruth Shaw. NZ Non-Fiction. An autobiographical account of a full and varied life of an extraordinary person

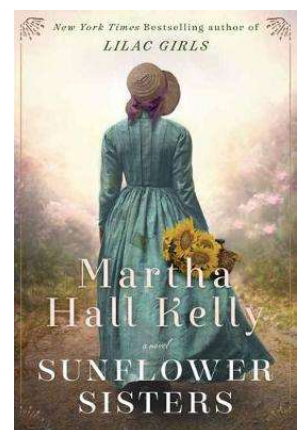
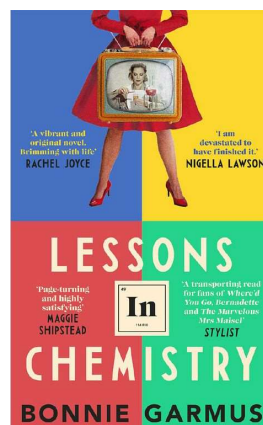
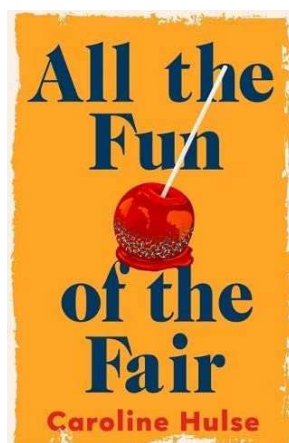
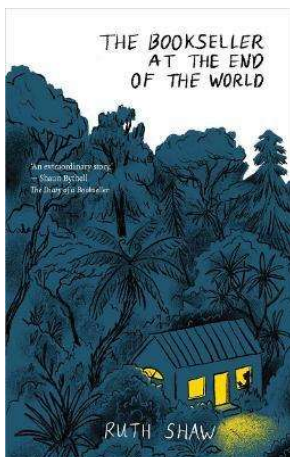
LITTLE ME: MY LIFE FROM A-Z by Matt Lucas. Non-Fiction.

The comedian, best known as co- creator of “Little Britain,” gives a revealing peek into his life

A THOUSAND MOONS by Sebastian Berry Fiction

A mini- classic set in post Civil War in Tennessee. An autobiographical novel written imaginatively in poetic style.

Such a wonderful range of books we hope will inspire others to read.



ARRANGEMENTS FOR YOUR SAFETY

For your on-going safety we will continue to ask for proof of vaccinations.

Please wear a mask whenever practicable.

Morning tea will be served in disposable cups. The arrangements for serving the tea and coffee so that people are not standing in queues will continue.

AUGUST MEETING'S EXCITING SPEAKER

Our next meeting will be held on Monday 8th August. The speaker will be Lynn Miller from Bird Life Aotearoa.

SEEKING NEW MEMBERS

Out there are people who may be lonely, may be new to our area, may be newly retired and therefore might like to meet new people and be stimulated by joining a group and learning new things. Encourage them to join us. Information brochures are available, ask a Committee member.

There may be people out there in our community who are new to the area or newly-retired and don't know about us. You may have noticed we are publishing regular U3A updates in many of the local Facebook Community Groups. Please help spread the word.

SHORTHANDED COMMITTEE

Currently, quite a few members of our Committee are away overseas, leaving our Committee shorthanded. It would be greatly appreciated if our members could volunteer to help by doing jobs such as setting up the room before our meetings and putting furniture away at the ends, setting out or putting away labels, etc. If arrangements don't go as smoothly as usual, please be considerate. To help, step up on the day or contact Alexis our Secretary 835-2237, email alexis@value.net.nz as she will know who is away and when.

Temporary Study Group Convenor

In Peter's absence until the 11th September, Martine McGregor-Reid has kindly offered to cover his Study Group Coordinator role. If any of our Study Groups need support during this time, Martine can be reached on phone 021-2113548, email martinem@xtra.co.nz. Peter will still be contactable by email.

Temporary Newsletter Editors

While our newsletter editor, Jude, is away, a big thank you to Rosemary Stagg who will edit the August newsletter and to Alexis Langhorne who will edit the September newsletter. If you have items to go into the newsletter, please contact these editors during the respective months beforehand at Rosemary.Stagg@xtra.co.nz or alexis@value.net.nz.

ALMONER

Jenny Wilcox is our almoner. If you are aware of anyone who is ill or should be contacted for any reason please let Jenny know. Her email address is jennywilcox@xtra.co.nz and her phone number is 0275382641.

STUDY GROUP COORDINATOR ROLE

We would appreciate some help with the role of Study Group Coordinator. Peter Wright is covering this role temporarily. If you are the kind of person who relishes ensuring good lines of communication between groups of people, and wants to help people learn, please offer to help out. Peter's contact details are: phone 837 0042, Mobile 021 0825 1083, and email wrightpm2@gmail.com.

It is not an onerous job but it is an important role as u3a is about ensuring that study groups are encouraged so that they can thrive.

COMMITTEE 2022/2023

The members of our committee and their responsibilities are listed below:

President: Mike Smith, phone 021-1720737, email mike.s@xtra.co.nz.

Vice-President and Editor of the Newsletter: Jude Black, phone 832-4037 and 021-02453347, email: juderblack@gmail.com.

Treasurer: John Stagg, 027-2405520, email johnstaggnz@gmail.com.

Secretary: Alexis Langhorne, 835-2237, email alexis@value.net.nz.

Study Group Coordinator (Interim): Peter Wright, phone 837-0042 and 021-08251083, email wrightpm2@gmail.com.

Speaker Coordinator and Manager of Archives: Robert Woolf, phone 816-8899, email: robert.woolf@gmail.com

Almoner and Greeting Coordinator: Jenny Wilcox, phone, 0275382641, email jennywilcox@xtra.co.nz.

Data and IT: to be shared by Mike Smith, Peter Wright.

Morning Tea Roster: Peter Wright, phone 837-0042 and 021-08251083, email wrightpm2@gmail.com.

Facebook pages and Publicity: John Stagg and Jude Black

U3A Network Representative: Peter Wright, phone 837-0042 and 021-08251083, email wrightpm2@gmail.com

Supporters of the Committee are:

Bill Whittome (morning teas)

Alison Kittelty (greeter)

Committee Supporters Needed

If you would like to support the Committee by offering to perform a task regularly, we would appreciate the help, with no obligation to attend Committee meetings. Contact President Mike Smith.