

U3ASupporting
Lifelong Learning**Howick Inc.**PO Box 39035
Howick 2145
MARCH 2019**FINAL EDITION****COMMITTEE 2018-2019****MARGARET NICHOLLS***President/Director of Studies***DAVID DWERRYHOUSE***Vice President/Membership***WARREN YARDLEY***Immediate Past President/Guest Speakers***CORA YOUNG** *Secretary***JONI BURGESS** *Treasurer***CHUA HUCK CHENG** *Newsletter***ROSEMARY OVENS** *Almoner***BEVERLY JOHNSON** *Assistant Secretary***BEVERLY JIN** *Ten-Minute Speakers***MARCH 11 MEETING****9.30 am, Howick Bowling Club****GUEST SPEAKER: Ros Vallings -- Pain Management****TEN MINUTES: Alan La Roche – How I Became The Howick Historian****TEA ASSIST: World War II**

Photo credit: Colleen Williams

A VERY SPECIAL READING

THIS was a poetry reading like no other. Beth Voogd (picture), convenor of the Poetry group, reassembled fellow poetry lovers after a break last year to make a splashy start to 2019 with an appearance that harked back to ancient times when readings of lyric and dramatic poetry were sometimes accompanied by musicians playing plucked instruments. Here, the intrepid Warren Yardley, immediate past president and a member of multiple study groups, provided guitar accompaniment to Ms Voogd's reading of some of her favourite verse. Not quite strains of the lyre to dramatise sung or acted-out lines, as with the Ovids of antiquity, but who's comparing? The event took place at the home of Colleen and Phil Williams, also the venue for the March meeting. The Poetry group welcomes more members, so those of you who like something out of the ordinary are urged to sign on. You don't need to have been a literature major or a lifelong reader of poems, but just a feel for the cadence and imagery of structured word forms. Ms Voogd (5347468) and Ms Williams (5342176, islamayreed@gmail.com) would like to hear from you.

EVERYTHING YOU WANTED TO KNOW

LAST month's guest speaker Lynette Kidd offered practical advice on getting one's personal affairs sorted, not merely as a contingency but also to engender peace of mind among people advanced in years. This is an intensely personal matter about which one wishes to know everything but is often reluctant to ask. But so down to earth was Ms Kidd's delivery before a rapt audience that questions flowed freely after. Topics covered included an enduring power of attorney, digital legacy and preferences about funeral arrangements. A batch of Ms Kidd's book, *I Am Sorted*, sold out at the talk but more copies will be made available at this month's meeting. Cost is \$45.



SUCH A PAIN

THIS month's guest speaker Rosamund Vallings (picture) needs no introduction. She has been a long-time physician with a practice in Howick and has given talks to U3A members before. Dr Vallings is an authority on the study of chronic fatigue syndrome and the management of chronic pain. Pain is what she will cover in this talk. She has published her third book on her specialisation. Among honours she has received is the Nelson Gantz Outstanding Clinician award conferred by the international body for her field of research. In 2008 she was made a Member of the New Zealand Order of Merit. Most recently she was a finalist for Senior New Zealander of the Year.

NEXT MONTH: Motivational speaker and one-time prisoner of war **Bill Potter** will challenge members with the provocative theme, *You Are Not Old*.

NEW CONVENORS FOR FAMOUS/INFAMOUS

GILL Muggleston takes over from Jean Fitzgerald as convenor of the Famous and Infamous 3 group, as of March. Ms Fitzgerald is thanked for her long service.

RAY Lewis will be the new convenor of Famous and Infamous 2 from April, succeeding Richard and Moira Burns. Mr and Mrs Burns's service is appreciated.

CIVILISATIONS

THE Ancient Civilisations group, headed by Cora Young, has renamed itself simply as Civilisations. Sorry, this popular group is over-subscribed.

NEW STUDY GROUP COMING UP

A NEW study group, Aviation & Aerospace, is being organised by Earth & Universe convenor Clive Bolt. Email Mr Bolt (cbolt@xtra.co.nz) if you wish to join. It is proposed that the group meet at Bruce McLaren Theatre on the first Wednesday, 10 am to noon, starting in April. Likely launch topic: *The MiG 15*.

RESIGNATIONS

LORAINÉ Ingle and Charmaine Faith resigned their memberships in the past month.

ANOTHER SCAM ALERT

BETTY Reid has passed on to this newsletter an experience with a phone scammer which she would like to share with members. The caller claimed he was from a state entity called the New Zealand grants department. There is no such generic outfit. There was the usual momentary silence when Ms Reid answered the call, then came the spiel. She has been called twice. This is the modus operandi of scammers/fraudsters. They even drop names of authentic government agencies and charities, soliciting donations or 'administrative payments' before a supposed beneficiary could access some bonanza. The advice is, just hang up. Make a fool of the guy first if you are so inclined. There will be an endless variety of scams to contend with in this age of communication connectivity and social media, so be on your guard.

PHOTO ID CARD, ANYONE?

AN updated photo identification card is now available to seniors who have ever faced difficulty in obtaining services because they do not have a driver's licence or passport to show proof of identity or age. Opening a bank account, for instance, can be problematic without a means of identification. Called the Kiwi Access Card it is launched by Hospitality New Zealand and costs \$55. Application forms from any post shop.

WORTH A THOUSAND WORDS

THE Editor encourages members to send in pictures of their group activities for publication in the newsletter, subject to quality and space availability. Pictures should come with a description of the activity and names of the people featured. The photo taker will be cited. Email them to chuahc46@gmail.com.

OUT AND ABOUT

++ **HOWICK All-Saints Church's** popular **Thursdays@Seven** chamber concert series for 2019 opened with the autumn programme in February. There will be events on the next consecutive Thursdays, from March 14. The concluding concert on April 11 will have pianist **Stephen De Pledge** playing **Bach** and **Chopin**. Go to wattsandwatts.co.nz for the full autumn programme. Performance time 7-8 pm. Entry by door donation.

++ **OPERATUNITY's** March offering is a potpourri of tunes from **Phantom of the Opera** to **Les Miserables**. March 12 at St Columba Church, Ti Rakau Dr. Showtime 11 am. Book online operatunity.co.nz or call 0508 266237. Single tickets \$35.

++ **MONTEREY** arts screenings in March-April are: **The Madness of King George** from the **Nottingham Playhouse** (March 11, 17, 21) and the Muhly opera **Marnie** from the **New York Metropolitan Opera** (April 1, 7). Coming up: **La Traviata** and **Adriana Lecouvreur** (May); **Carmen** and **La Fille du Regiment** (June); **Die Walkure** (July); and **Dialogues des Carmelites** (August).

++ **THE French Film Festival 2019** opens at the **Monterey** on March 14 with a programme of 31 films. Last show March 27. Details on montereyhowick.co.nz

++ **THE Silk Road Ensemble**, founded by cellist **Yo-Yo Ma**, makes its New Zealand debut on March 14 (8 pm) at the Town Hall. An aural feast is in store, drawn from the multicultural musical traditions and instruments evocative of the lands which the ancient trade routes traversed -- from China through Central Asia and Himalayan mountain passes, the Turkic-Arab region and to the edge of Europe. The group tours as widely as the musical horizons it portrays. Tickets \$59-\$109 from Ticketmaster (ticketmaster.co.nz).

Yo-Yo Ma will not be performing with the ensemble but he has a date in Christchurch on Nov 12 when he will play the **Bach Cello Suites** as part of his global **Bach Project** covering 36 concerts in 36 locations over six continents. Ma's third recording of the Bach Suites is out, on the Sony label.

++ **CALIFORNIA Suite**, a Neil Simon comedy, ends its run at **Howick Little Theatre** on March 16. It's a hotel comedy that comes in four parts. Director **Mary Gray**. In May HLT will stage **The Spirit of Annie Ross**, a comedy directed by **Jan Saussey**. Bookings iticket.co.nz.

++ **MESSIAEN's** sprawling 75-minute **Turangalila Symphony** that requires huge forces (including two instrumental soloists) will be performed by the **Auckland Philharmonia** at the Town Hall on March 23, 7 pm. An Auckland Arts Festival offering. Conductor **Stefan Asbury**. Seniors \$47 from Ticketmaster (ticketmaster.co.nz).

++ **UXBRIDGE Arts & Culture Centre** puts on comedy night on March 15, featuring **Wilson Dixon** and supporting acts. Starts 8 pm, \$29 or \$32 for table seating. A visit to the **Gibbs Farm** sculpture park in north Auckland is scheduled for April 11, 10 am to 2 pm. \$80 adults, \$20 children. Go to gibbsfarm.org.nz to preview the sculptures. Uxbridge bookings 5356467.

<u>Groups (yellow denotes full)</u>	<u>Date</u>	<u>Venue</u>	<u>Topic</u>	<u>Convenor</u>
Anthropology H 3 rd Thurs 10 am	Mar 21	BM Theatre	<i>Cultural Values</i> All to contribute – call Annabelle Davis about preferences	Jennie Leyland 534 4034 Betty Reid 534 9895
Anthropology L 4 th Mon 10 am	Mar 25	Cora Young's 55 Rodney St	<i>The Gentle Art of Eugenics</i> Cora Young	Margaret Heiatt 534 9131
Architecture 1 st Fri 10 am	Apr 5	Bevin Cornwall's 77 Pah Rd, Cockle Bay	<i>2018 Architecture Awards</i> Bevin Cornwall <i>I.M. Pei</i> Beverley Luxton	Malcolm/Dilys Booth 534 3604
Book Discussion 4 th Thurs, 2 pm	March meeting cancelled			Margaret Smith 576 3206
Civilisations 3 rd Mon 1 pm	Mar 18	Cora Young's 55 Rodney St	<i>Marco Polo</i> Wim van Rheenen	Cora Young 534 8623
Earth and the Universe 4 th Tues 10 am	Mar 26	BM Theatre	<i>Supernovas and Their Collapsars</i>	Clive Bolt 534 2946
Famous & Infamous 1 1 st Tues 10 am	Concluded Apr 2 next			Peter Garrick 535 4085
Famous & Infamous 2 3 rd Thurs 2 pm	Mar 21	Jan Naish-Wallis's 11 Shelly Beach Pde	<i>Pamela Churchill</i> Allan Reid	Richard/Moira Burns 533 8793
Famous & Infamous 3 1 st Thurs 10 am	Apr 4	Jean Denholm's 2/21 Drake St	<i>Louis Zamperini</i> Joan Clarkson	Gill Muggleston 534 9863
Forum 3 rd Fri 10 am	Mar 15	Beverley Luxton's 1 Village Dr, PPV		Beverley Luxton 576 9625
French 4 th Fri 1 pm	Mar 22	D. Dwerryhouse's 74A Aberfeldy Ave	<i>French Police</i> Chris Cameron	David Dwerryhouse 534 4829
History 3 rd Tues 10 am	Mar 19	BM Theatre	<i>Venice and the Doges</i> Liz Smith	Judy Lee 535 8547
History of New Zealand 2 nd Thurs 10 am	Mar 14	Mal/Dilys Booth's 3/47 Oranwood Dr	<i>Sir Pat Eisdell-Moore</i> Lynley Spurdle	Alan La Roche 534 7366
Literature 3 rd Wed 10 am	Mar 20	Judy Wilson's 32 Butley Drive	<i>Odyssey Part 2</i> Peter Becroft & Neville Brandon	Judy Wilson 576 6340
Nature Walks and Talks 2nd Fri 9 am	Apr 12	Meet Nixon Hall, Sale St	<i>Sale to Keppoch Lodge, Tanglewood, Granger, Nun's Walk and back</i>	Alan La Roche 534 7366
Opera 1 2 nd Tues 9.30 am	Mar 12	BM Village	Gounod's <i>Faust</i> Bryn Terfel, Roberto Alagna & Angela Gheorghiu	Jean Denholm 534 6844
Opera 2 4 th Tues 1 pm	Mar 26	BM Theatre	Pucinni's <i>Turandot at the Forbidden City</i>	Geraldine Rose 537 1917
Philosophy 1st Mon 10 am	Apr 1	BM Theatre	<i>Getting Better at Living Life:</i> Group discussion	Christopher Nixon 535 5309
Poetry 2 nd Tues 2 pm	Mar 12	Colleen Williams's 1/139 Clovelly Rd	<i>New Poets plus 2019 Plans</i>	Beth Voogd 534 7468
Science 4 th Wed 10 am	Mar 27	BM Theatre	Potpourri	Jim Hine 534 4259
Sunday Discussion 2nd Sunday, noon	Apr 14	Meadowlands Coffee Club		Joan Clarkson 537 6397
Travel 1 st Wed 10 am	Apr 3	Warren Taylor's 170A Clovelly Rd	Potpourri	David Dwerryhouse 534 4829
World of Art 1 3 rd Mon 10 am	Mar 18	BM Theatre	<i>Frida Kahlo</i> DVD	Garry Law 271 6505
World of Art 2 3 rd Tues 1.30 pm	Mar 19	BM Theatre	<i>The Courtauld Institute</i> DVD	Heather Watson 274 4747
World of Music 4 th Wed 1.30 pm	Mar 27	Joni Burgess's 9A Merino Ave	<i>Fantasia</i> DVD Joni Burgess	Ngaire Taylor 534 8538
World War II 2 nd Thurs 2pm	Mar 14	Sheila Russell's 8/50 Cook St	<i>Henri Delacourt, Double Agent</i> Sheila Russell	Allan Reid 534 9895
Writing 2 nd Tues 1.30 pm	Mar 12	Bev Johnson's Apt 144 BM Village	<i>Sixth Sense</i>	Marian Heywood 534 1159

