

PAPAKURA U3A NEWSLETTER JUNE 2023

PRESIDENT: Bill Peddie Ph: 09 2984249 Email: dockrock@xtra.co.nz

NEWSLETTER EDITOR: Carol Hickman - carolhickman@gmail.com

Website: papakurau3a.wixsite.com/papakurau3a

ASB bank account 12-3031-0213766-01

BILL'S BURBLE



How u3a can help address the mixed blessing of retirement.

I guess most people are frustrated that the dream of being freed from paid employment comes at a cost. For many, the workplace was at least familiar with clearly structured responsibilities, familiar faces and limited choices for options in planning each day.

Retirement can be a great time to relax and enjoy life, but it can also come with some catches. Some of the catches include:

- **Financial instability:** If we don't have enough money saved up for retirement, we may find ourselves struggling financially.
- **Health problems:** As we get older, our health may start to decline. This can lead to medical bills and other expenses that we may not have planned for.
- **Boredom:** Retirement can be a big change from our normal routine, and some people find that they get bored without work to keep them busy.
- **Loneliness:** If we're used to being around people at work, retirement can be a lonely time. It's important to stay social and find ways to connect with others.
- **Lack of purpose:** Without work to give us a sense of purpose, we may feel lost or unfulfilled. It's important to find other things that give our lives meaning. Perhaps it goes without saying that in this, as with all others, we do not share the advantages unless we too make the effort to share in what is on offer.

These are just a few of the catches that can come with retirement. However, with proper planning and preparation, we can avoid many of these issues and enjoy a happy retirement. U3a has the potential to address at least some of the above but it depends on our individual response to what is under offer. Think well on these things because as a sage once pointed out: "The first day of your retirement is the first day of the rest of your life savings!"

JUNE 2023 Meeting

Tuesday, 20th June 2023 at 10am, St John's Hall, Ray Small Drive, Papakura.

Speaker: Iris Taylor - The ANZAC Nurses

Introducer: Gloria Buddle

Thanker: Ann Johns

Greeters: Bev Dunn, Sandra Bensemman, Helen Higgott

Tea Roster: Bev Risetto, Sue Smurthwaite, Lynette Buchan

10 Minute speaker: Sue Rainsford

A reminder that **subs are now due** - our subs pay for the hall rental and morning teas.

We have kept them at **\$30** for this year and they can be paid to Lynette McInnes or paid

online at ASB bank account 12-3031-0213766-01. Please check with Lynette, who can tell you if you have paid or not - Ph: 2977195 or lynettemcinnnes@yahoo.co.nz

SPECIAL INTEREST GROUPS

All members are welcome at any interest group. Just contact the Co-ordinator of the group and they will add you to the group's contact list, or roll up at their next advertised group event.

New group started in April - Music Appreciation Group. This group will meet on the 3rd Friday of each month from April to September at 2pm at Helen Higgott's house.

Registration: Please email Helen at higgotth@gmail.com or Iris at irisdurney@yahoo.co.uk or just roll up.

Next meeting: Friday 16th June Venue: Helen Higgott's house, 34 Clevedon Rd, Papakura. 2pm for a 2 hour session. Afternoon tea is served half way through.

Book Group

Co-ordinator Ruth Bourne Ph: 09 294 9396 Book Group usually meets at 10am on 4th Thursday of each month at Drury Library. Please contact Ruth if you need further information.

Last meeting: 6 members met this month and welcomed new member, Sandra. New members are always welcome.

Next meeting: All welcome to our next session meeting on Thursday 22nd June. My mobile number 027 2771507 if needed. Cheers, Ruth Bourne

Film Appreciation Group

Coordinator Rod Baldwin Ph: 298 3842 or email: rodneymbaldwin@hotmail.com

Monthly date and time arranged depending on film, usually Hawkins Theatre or Rialto, Newmarket. Email Rod to get put on his emailing list.

June suggestion: My suggestion for a Hawkins Theatre film for June is "Bank of Dave", showing at Hawkins Theatre: 27 June at 7:30pm ; 28 June at 10am; 30 June at 12:30pm

"This true story of how Dave Fishwick, a working class man and self-made millionaire, fought to set up a community bank so he could help the local businesses of Burnley to not only survive, but to thrive. He fights to receive the first banking licence to be issued in over 100 years". Rod

Walking Group

Coordinator Varda Swery varda.swery@gmail.com 09-299 9765 and 021-1827190

Usually meets the first Thursday of the month. Walks organised by members of the group.

Next walk: Due to the unpredictable weather and having to cancel previous walks due to rainy days, **there will be no walks until September (included).**

Previous walk: the walk was cancelled due to a rainy day.

International News Group

Coordinator Dena Gilmore belongingvp@inspire.net.nz If you would like to be part of a group that shares and discusses information on international stage, please get in touch with Margaret Gane 022 1588064. We meet on Friday morning directly after our monthly meeting. Phone Margaret on 022 158 8064 for more information We would love to have more members so, if overseas events and 'goings on' are of interest to you, come along and join us. Margaret Gane 022 158 8064

Next meeting: There will be **no meeting** in June due to the absence of one of our members.

Last meeting: The main topic for this month was, of course, the Coronation. All 3 members of the group had watched the service live and had enjoyed sharing a moment of history in the making. We discussed coverage of the event from the NZ media point of view, as discussed on

RNZ's Media Watch. Issues raised included whether the monarchy is still relevant and whether it is time for NZ to become a republic. Another report, from British media, discussed the 9 biggest controversies surrounding the coronation. These included the cost of living crisis v the contribution of the coronation event to the economy, the "Homage of the People", some of the jewels in the coronation regalia, and why Camilla will now be known as the Queen rather than Queen Consort.

Dena Gilmore

Out'n'About Group

Coordinator Helen Higgott Ph: 298-1213 email: higgotth@gmail.com. Monthly date and time arranged depending on event. Phone Helen to get put on the emailing list.

Next meeting: Thursday 8 June Polish Museum in Howick. 2 Exhibitions of photos linked to the Auckland Festival of Photography. The photos are about the Warsaw Uprising and the 63 days struggle mounted largely underground for the city of Warsaw. There are 2 options either pay \$5.00 for the photo exhibitions which will take about 1 hour or \$10 for morning tea and biscuits, the photos, and time to see and hear about other exhibits in the museum. This takes 2 - 2 1/2 hours. **Registration is essential by 1 June** and please state which option you prefer.

Meet Hawkins' Car Park 10am for immediate departure. \$5.00 for the car driver please.

Organiser: Helen Higgott email: higgotth@gmail.com or ph: 298 1213

Following meeting: We will visit the Takaanini Library and Community Hub at 30 Walters Road, Takaanini on Wednesday, 21 June at 10.30am. We are going to have a short talk and tour of the library which is a new facility to the area and find out more about the concept behind it! The cafe 'Majestic' has been recommended as a follow-up! Interested members are to either go straight there OR meet at the Library carpark at 10am to arrange carpooling. Organiser - Contact Margaret Gane 022 158 8064 OR e-mail to margaret_gane@yahoo.com.au

Planning Meeting for July - November To be held at the Pizza Box, Papakura 1.30pm Thursday 22 June. Please come with ideas for future events. If you are unable to attend but wish to stay on the mailing list, please let me know Ph: 298 1213 or by email. Helen Higgott

May event: Sadly we did not have sufficient numbers to visit Eden Park in May but thank you Rob Baldwin for trying to organise this.

Writing Your Memoirs.

Memoirs Group - Contact: Gloria Buddle, 09 2999550 or 027 356 1220 or guyfawkes48nz@gmail.com. You are all invited to come along to join us at our next meeting. Below are samples of some interesting stories our members have recorded for family and also just for the pleasure of bringing times in your life back into your life and memory.

Next meeting: Our Memoirs Group, would like to invite you to come along and join us, our next meeting which is on 19th June 2023, at 10am at Helen Higgott's home, Contact Helen for further information, higgotth@gmail.com or 09 298 1213. But a reminder will be sent out nearer the date.

Last meeting Memoirs Group Monday 15th May at 10am was held at Margaret Grants home in Drury. Thank you Margaret and to the ladies who brought along a plate for our (as always) lovely morning tea. Thank you for sending in your apologies and get well soon to those who are unwell.

Firstly, with the recent Coronation in the news, we heard about meeting/seeing Royalty in 3 corners of the world. One was visiting the Vatican and seeing a vehicle with a flag on it, being the Dutch Royal Family. Then back to NZ, in Hamilton, and after finding out which hotel the Queen Mother was staying in, she and a friend waited outside and saw the Queen Mother opening the window to wave to everyone below. Next to England and as Matron of a Hospital for MS patients and the procedure that "one" had to follow when a member of the Royal family was coming to open a new wing/ward.

Next hearing from a member who is writing her stories in chronological order - so we were treated to 2021, reminding us about the Covid time and lockdowns. THEN being allowed to going on holiday

to the Chatham Islands and learning of the history there. On to Dunedin and staying in Larnach Castle, a real treat. Next, to a Family Christmas organized by 2 granddaughters - lots of memories. **Hearing about job opportunities** in NZ, her husband was employed from the UK to install and maintain COLOUR TV in NZ... this was 1973. Having Business trips to Australia where the family and children were included too. But our member had important jobs too. But one she left was because, on promotion to a position that was held by a man, she was not offered his salary despite doing exactly the same work. A leader for all Women...Equal rights. One other position was with a Credit card company and she had the job of visiting those whose card was well and truly overspent and unpaid. Then she had great pleasure in using scissors to CUT their card up, after all other avenues were unsuccessful.

Having relations in Canada that she had not met yet planned to visit. But in Canada, being presented with an automatic hire car, was the start of the surprises as she had never driven one before. Seeing the Mounted Police in GREEN jackets (the RED jackets are for ceremonies). Finding a paddock with hundreds of Canadian Geese, literally hundreds. All went well with the visit to her relations and there have been more visits since.

ANZAC Days featured several times in our next story. Firstly attending a Service in Thailand and at the River Kwai - very sobering hearing and visiting this amazing area. Then to an ANZAC Service in Germany hosted by Australia; after the Service it was very much like Melbourne Cup Day... many activities and people there. Next to a small ANZAC Service in China and yet another ANZAC Service in the Cook Islands. But then to an ANZAC Service held in RUSSIA and the planned Dawn Service was held in -15 deg. weather, (imagine the shortest ANZAC Dawn Service ever held).

Lastly there was a copy of a letter from 1998 to family and friends and it told of lots of news; from looking forward to attending her Primary School reunion and house swapping for accommodation for same. Also, telling of how her Father went too, last time they were out to attend the movie "Summer Holiday" with Cliff Richard in it. A live band was playing before the movie started and she was not allowed to go to the 5 pm session unless Father took her; and the SHAME - some school mates thought her father was her brother.

We wish Margaret Grant all the best for her holiday and look forward to her return with more memories and photos. We will be meeting with our newest member, Sue, at our next meeting. We have had offers of hosts for our meetings in June (Helen), Margaret Grant in October, and Iris in November. Just July, August and September to arrange. If you can offer your home please let me know. Thank you, Gloria

u3a Network Event - Saturday 29 July, 9.30am for 10am - 3pm

Venue - Salvation Army Auckland Corps, 18 Allright Place, Mt Wellington

Speakers - Mr Chris Finlayson (am) and Dr Paul Buchanan (pm)

4 mini speakers will also present a topic of their choice during the day.

Catered lunch. Options are standard, vegetarian and gluten-free.

Registrations are open now online. Go to www.u3auckland.net

Shared transport available for those who want to attend.

Further information, see Helen (027 643 78300 OR Margaret (022 158 8064)

SHORT TERM (TIME LIMITED) GROUPS FOR U3A

Socialise - make friends - Learn something new.

- *Groups are the lifeline of U3A. We would like to ask members to consider facilitating or organising short term groups that people can join.*
- *Have you got a special interest in learning something or in passing on your knowledge on a particular subject?*
- *Do you know of an online course that you would like to do and invite others to join you eg. coursera courses, U3A on line course?*
- *Do you know of a local expert in a subject who might be asked to run a short series on their subject? eg: music, archaeology, history subjects, Waitangi Treaty etc.*
- **PLEASE** consider contributing to the life of our Club by organising and facilitating a group (you don't need to be the expert, just find someone else who is or find the information from an online course!!). These groups could possibly be 4 or 6 sessions either weekly or monthly or even longer if you like and the interest is there.
- A venue could be the Drury Library (free) or your home, or any other venue that is suitable, as groups would probably be not too large.

Do consider this and contact Helen Higgott (higgotth@gmail.com) or Iris Durney (irisdurney@yahoo.co.uk) with your ideas and plans and enthusiasm.

COMMUNITY NOTICES

"When the Smoke Clears" A free entry exhibition of glazed raku firings from the Manurewa Potters Club, Nathan Homestead, until 1ST July Open 9-5.

The Papakura and District Historical Society are holding one hour TALKS in the Papakura Museum during this year.

Saturday 8 July, 1pm. Dr Iain Wakefield will speak about 'General Sir Duncan Cameron's story 1808 - 88'

Wednesday 6 September, 6.30pm - Terry Carson will speak about 'Law and Disorder in early South Auckland'

Saturday 4 November, 1pm - Alan Knowles, Curator of Papakura Museum will speak about 'Papakura's Stronghold, the Story of Rings Redoubt'

NO cost but you are asked to register your attendance by phoning the Museum (09) 298 2003 for seating purposes.

AGE CONCERN SEMINARS

Please note **registration is essential for all courses**, and we operate on a first in, first served basis. Please register by calling 021 826 721 or 09 5539936 or emailing alanam@ageconak.org.nz
For all courses, please bring a pen.

Advance Care Planning: Advance Care Planning (ACP) is a way to help you think about, talk about and share your thoughts and wishes about your future healthcare. Now is the best time to consider taking part in ACP conversations before a possible serious illness. Planning will help you and those around you understand what is important to you and what treatment and care you would like. Join us and listen to our expert guest speaker who will help you understand what ACP is and how to set up a plan

Date: Wednesday 7th June

Time: 10.00 am - 12.30pm

Venue: Mangere East Library, 370 Massey Road, Māngere East

Advance Care Planning:

Date: Monday 12th June

Time: 10.30 am - 1pm

Venue: Pukekohe Library, 12 Massey Avenue, Pukekohe

All About Funerals: Designed to empower and educate about the practical and legal issues that need to be considered when a bereavement occurs. Learn from our expert guest speaker all about planning for a funeral and the many options and choices that are available in Auckland

Date: Wednesday 14th June

Time: 10.00 am - 12.30pm

Venue: Mangere East Library, 370 Massey Road, Māngere East

JUNE 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 King's Birthday holiday	6	7	8 Out'n'About Group	9	10
11	12	13	14	15	16 International News Group Music Appreciation Group	17
18	19 Memoirs meeting	20 Club meeting Speaker - Iris Taylor	21 Out'n'About meeting	22 Book Group Out'n'About Planning meeting	23	24
25	26 Committee meeting	27	28	29	30	