



U3A Rutherford Inc

Message from Lesley

Kia Ora, members of U3A Rutherford.

It may be that this little letter is only of interest to women but it may help men to understand the pressure women sometimes find themselves under.

The topic is eyebrows! Some of the things we women worry about may not change the world but eyebrows have become a very important part of the look every woman is supposed to demonstrate to the world at large. Now at my Book Group, when we're not talking about the book for that month, we have often touched on eyebrows and what to do about them. Some have gone for tattooing and some for using pencils but everyone acknowledges the problem - which is

When I turned grey/white my eyebrows turned grey/white as well and disappeared as a feature of my face. For some fortunate women their eyebrows stay nice and dark even as the colour of their hair fades. My long time good friend was visiting recently and said, "Lesley, we've got to do something about your eyebrows!" So off we went to the makeup part of a large department store where we purchased this sort of mascara for the eyebrows. We experimented with 'the look'. The next day my friend texted me and asked, "Have you got your eyebrows on?"

So now I feel duty bound every day to make sure I have visible eyebrows. It's hard! They never seem right! I look in the mirror and all I see is my eyebrows! The continual question is: "Can I be bothered?" Oh, the important decisions in life! Perhaps I should really be worrying about Rutherford U3A's new constitution – see over for further details.

I hope you enjoy the next course on the ins and outs of the alcohol industry.

Nga mihi,
Your President,
Lesley Hunt

Course 4: Alcohol

Organiser: Brian Earl

July 26: Granville Denton, Marketing Director, ChinChilla Brewery.
"Beer – a Beautiful Science"

August 2: Simon Waghorn, Owner/Director, Astrolabe Winery.
"An Overview of the New Zealand Wine Industry"

August 9: Antony Michalik, CEO, The Spirits Workshop.
"Curiosity Gin"

August 16: Mikenzi Kemp, Cardrona Distillery.
"Cardrona Distillery – Single Malt Spirits"
N.B. today: 10.40 – Constitution: Special General Meeting

August 23: Emeritus Professor Dr Doug Sellman, University of Otago.
"I never thought I'd end up in Court - Reminiscences from 15 years of alcohol reform advocacy"

Future Courses

Course 5: Crime
13, 20, 27 September, 4, & 11 October

Course 6: Pot Pourri
25 October, 1, 8, & 22 November

AGM: November 8, 2024

Christmas Lunch: December 6, 2024

Welcome to new members: Anne and Murray Hay, Allanah James, Gil Jenkin, Cheryl Rillstone, Paulette Scott, Stephanie and Richard Wild. We hope you enjoy your association with U3A Rutherford!

Lectures: Fridays, 11 am – 12 noon
St Christopher's Church, 244 Avonhead Rd.
Morning Tea: 10.20-10.50 am

U3A Rutherford Inc., P.O.Box 79058, Christchurch 8446

Email: u3aruth@gmail.com

Website: u3a.nz/directory.htm (then pick 'Rutherford')

Bank account: 06 0817 0203945 00

Newsy Bits

U3A Rutherford Inc Constitution: As you may know, the Companies Office requires all incorporated Societies to upgrade their Constitutions. Your committee met and discussed these requirements recently and we have the new constitution ready for members to approve. We need to schedule a Special General meeting to do this.

Notice of Special General Meeting: This will be held at St Christophers at 10.40 am on Friday August 16, 2024, prior to our usual meeting. Please come in time to attend this meeting. We need to ensure that we have a quorum.

Papers for the Special General Meeting: These are attached and include the notice and agenda of the meeting, an explanation of why we require a new constitution, and the new constitution. We encourage you to read this and be prepared to vote on the 4 resolutions we need to pass.

Secretary and Committee members for next year. We are still seeking expressions of interest from members willing to take on the role of **Secretary**. Please speak to Secretary Barbara about this role. See her details below. Members willing to serve on the committee are also encouraged to come forward! It's a good group to be part of and it's not a life sentence!

Website address: Our website address - Rutherford.u3a.nz – no longer functions. We'll get it fixed as soon as we can! Use this alternative address to find us: u3a.nz/directory.htm. All the New Zealand U3As are listed here. Select 'Christchurch Central', and then 'Rutherford', and our page will open.

Antony Bush: Our recent speaker on "Movement is Medicine" has sent through his 'Big Six' Calisthenics Strengthening Exercises from his book "The Back Fix". This has been uploaded to our web page.

MANAGEMENT TEAM – 2023-24

OFFICERS:

President: Lesley Hunt Ph: 022 194 3667

Vice President: Ivor Watson Ph: 021 022 61814

Secretary: Barbara Ph: 662 9273

Treasurer: Denise Duncan Ph: 021 042 7596

COMMITTEE MEMBERS

Membership & Waiting List Administrator:

Joan Earl Ph: 942 4523

u3aruth@gmail.com

Newsletter Editor: Julian Jensen Ph: 027 223 2678

u3aruth@gmail.com

Brian Earl, Carolyn Marks, Paul Marsh, Sue Milligan, Sally Mountfort, Ron Paterson, Jill Taiaroa, Peter Walker,

EX OFFICIO

Name Tag Administrators:

Ted & Erica Maginness Ph: 352 6777

Tea Roster Convenors:

Jan McFedries Ph: 021 265 5184

Betty de Roo Ph: 342 7750

Interest Groups

Walking Group

Sue Milligan

Denise Duncan

Film Group

Barbara Bone

Epicurean

Jenny Agnew

Ann Marsh

Book Group

Erica Maginness

Travel Group

Carolyn Marks

Choir

Alison Waghorn

Arts Group

Jacqueline Doig Smith

Cynthia Hampton

Every Monday

Ph: 027 662 2480

Ph 021 042 7596

2nd & 4th Tuesdays

Ph: 385 0070

Ph: 352 2217

Ph: 021 023 77019

3rd Tuesday

Ph: 352 6777

4th Friday of each series

Ph: 027 435 7244

Ph: 339 4377

Ph: 027 353 3945

Ph: 021 879 455