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Facebook group U3A St Albans

## *Welcome to the U3A St Albans November 2020 Newsletter*

### EVENTS

#### **26 November**

Christmas Morning Tea followed by

#### **AGM**

Following the AGM

**Speaker: Phoebe Macrae**, Deputy Director of the Rose Centre

**Topic:** The Science of Swallowing

#### **28 January**

**Speakers: Trevor and Jenny Agnew.** Trevor is an award-winning writer and teacher. Jenny, a high school teacher, is a descendant of Choie Sew Hoy.

**Topic:** Researching "Merchant, Miner, Mandarin: The Life and Times of the Remarkable Choie Sew Hoy"

If members have any suggestions for future speakers or topics, please pass them to a member of the committee.

#### **Christmas/End of Year Lunch: 10 December, Links Restaurant: Cost \$35**

#### **Meet 12.00 noon for 12.30**

Roast beef, pan-fried fish, or special diet if required. Self-service dessert bar, tea and coffee.

You can pay at the November meeting or online. If you pay by bank transfer here are the details.

Account Name: U3A St Albans      Number: 38-9017-0794135-00

Particulars: Your name

Reference: Beef, Fish or Diet. If you require a special diet we'll be in touch.

There will also be a sign-up sheet at the meeting.

#### **Please note:**

**Last date to book and pay for the lunch is 26 November as we need to give The Links notice of numbers.**

Barry is the contact for this: [bvcox@xtra.co.nz](mailto:bvcox@xtra.co.nz) [Ph:385 2045](tel:3852045)

We have been asked to circulate the following:

#### **Arts Centre U3A**

20 November 11.00am at St Mark's Church, Withells Road, Avonhead

Lecture by Professor David Murdoch on the topic "Developing Vaccines against COVID-19"

#### **For Your Diary**

U3A Network Canterbury Seminar is planned for 14 May next year. The keynote speaker will be Peta Mathias. More details to follow, as and when we receive them.

### **U3A St Albans Annual Subscription**

Annual Subscriptions are now due in January each year. They need to be paid by the end of February for your membership to remain current.

We do understand that circumstances change and some of you may feel unable to renew your membership. It would be much appreciated if you could let us know should that be the case.

### **Reminders**

Please remember to add the newsletter email address, [u3astalbansnewsletter@yahoo.com](mailto:u3astalbansnewsletter@yahoo.com) to your saved contacts list, again if you change email provider. This tells your provider we aren't spam!

We do need to know if you have changed your contact details: home address, home phone and/or mobile, or email address, since you last informed us. Thank you.



Thanks to Helen Cummings for this picture of the Tai Chi group at Clearwater.

The Broadfield Gardens Visit was enjoyed by all who went. Thanks to Barry for this sample of photos.





### **This month's Ted Talks**

What a nun can teach a scientist about ecology | Victoria Gill

<https://youtu.be/gnbVwu04oiA>

The Power of Music within Each of Us | Catherine Dunphy

<https://youtu.be/rFlqQmLT88I>

Tracy Chevalier: Finding the story inside the painting

<https://youtu.be/nCg2NcGYu34>