

U3A Sth Kaipara News February 2024



Happy new year to you all.

May this year be one of good health and good times for us all. And if there are difficult times, we hope you will find support and companionship from your U3A friends.

Beyond the **date change for our February meeting**, due to Waitangi Day falling on the first Tuesday of the month, there is very little to report.

Please note, at the next meeting we will be canvassing for interest in the following new groups.

- Classical music appreciation
- Play Reading
- Shared Reading



Covid is certainly still active in our area so we do hope you will feel comfortable wearing a mask at our meetings, if you wish. We will continue to have our cuppa outside if weather permits.



NEXT MEETING:

**Note date change for this month only
Tues Feb 13th 10.00 -12.00**

WHERE : Catholic Church Hall, Kowhai Street, Helensville

MAIN SPEAKER:

Librarian

Linda Woodhams

Linda will give us an overview and update on all the services our wonderful library provides.

Feel free to bring a guest.

CURRENT INTEREST GROUPS

Interest groups are the great strength of U3A. As members we step up and convene small groups that offer rich opportunities for growing knowledge, skills and friendships. The following interest groups are offered by our members for our members. If you are a current U3A member and are interested in knowing more about a group feel free to contact the convenors direct. If you would like to join U3A South Kaipara or renew your membership please contact Bev Silvester-Clark (Secretary) bev.s-c@outlook.com or Gloria Middleditch (Chair) jandgmiddleditch@outlook.com

Monday	Tuesday	Wednesday	Thursday	Friday
Out and About Any day or time that suits Doreen Hogan	1st Tuesday General Meeting 10am at Catholic Church Hall Kowhai St, Helensville	Mahjong every Wednesday 10.00 Janice Webster	Board games 1st Thursday 10.00 Sara Newsome	
			Critical Thought group in abeyance 2nd Thursday 2pm-3.30pm	
3rd Monday 10am Gardening, phone Heather Hyland	3rd Tuesday 10am Ted Talks ph Bev Silvester-Clark	3rd Wednesday 2pm Book Club, Rhiannon Herrick	3rd Thursday 12 midday Food & Wine Group Gloria Middleditch	
4th Monday 2.30 U3A Committee Meeting			4th Thursday 2-4pm NZ History Tony Silvester-Clark	Last Friday of month 10am Needles and Stitches Wendy Daniel

More about our interest groups.

Needles and Stitches.

Last Friday of month 10.00-12.00

Convenor: Wendy Daniel

Venue:

This is a group of like minded people interested in knitting, patchwork ,crochet, embroidery, appliqué or any sort of sewing or mending who like to meet in a casual atmosphere for a couple of hours or so each month. There is room for about 6-8 people and space for a person to bring a sewing machine.

NZ History

4th Thursday 2.00-4.00

Convenor – Tony Silvester-Clark

Venue

This is a monthly self-study group where members pursue their line of interest through reading and sharing their discoveries and learning in the group. As an adjunct to this activity we also arrange guest speakers, view other media (films, documentaries, theatre), organize site visits (trips – local and further afield).

Out n About

Convenor: Doreen Hogan dmhogan@xtra.co.nz :

As ideas of places, shows or movies to go to arise, Doreen is available to organise a group trip. Do contact her if you have an idea for such an outing.

Gardening

3rd Monday 10.00

Convenor: Heather Hyland

Venue: Varies

Our group focuses on practical gardening and knowledge sharing. The group includes a wide range of experience levels and garden styles. We meet at each other's homes or occasionally at a garden centre cafe. Over coffee we report back on the month's gardening, ask for any advice, and share friendship and laughter as well as surplus plants.

Ted talks (currently full)

3rd Tuesday 10.00-12.00

Convenor:

Purpose: To stimulate our minds and provide the opportunity to learn something new or expand existing knowledge by watching a TED talk together. The group offer free and open discussion on the topic chosen by a different member of the group each time. We find we discuss many aspects of not only the topic but other areas that it directs us to move to. It is a fun group where we often laugh together and learn a lot from the collective background of everyone.

Critical Thought Group

2nd Thursday of the month 2pm – 3.30pm (no later than 4pm)

This group is not meeting currently

Venue Rotates to different homes.

This is the old philosophy group with a new format. Each group member has a turn at choosing a topic, researching it and then leading the subsequent discussion.

Book Club

3rd Wednesday 2.00-3.00

Convenor:

Venue

We have an enthusiastic group of readers. We follow a simple format where each person gives a brief description of a book read recently. This has become a rich resource for reading ideas for the members. A list of the books presented is then shared by email and some books are passed on to others. We usually have about 8 attending and our hour long meeting goes by very quickly.

Mahjong **Convenor:** Janice Webster

Venue

10.00-12.00 every Wednesday

Apart from lockdowns this keen group has been meeting weekly for three years. We welcome learners.

Food/Wine

Group

Lunch 3rd Thursday each month

Convenor

Venue: Various restaurants and eateries

We comprise of between 8-15 persons enthusiastically coming together from very varied backgrounds to learn about and enjoy foods or wines from around the world that are available or made in NZ. There are a few interesting older buildings that have been repurposed from homes or business' now adapted for use as a restaurant with very interesting histories. We can carpool if necessary all to be organised through Gloria Middleditch



Warm wishes

U3A Sth Kaipara Committee

Gloria Middleditch Chair

Tony Silvester-Clark Treasurer

Bev Silvester-Clark Secretary

Sara Newsome Membership Care

Nigel Dempster

Doreen Hogan

Pam Muirhead

Linda Cameron

Rhiannon Herrick

Glenys Osbourne

Jackie Pillay

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