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#### Greetings All

The year has almost gone and our December meeting will be replaced by our Christmas lunch - please see details below and deposit payment as soon as possible.

There was some confusion about the trip to Tiritiri Matangi but it's all in place now. See below. Please also make your payment for the boat fare as soon as possible so that Rhiannon can make the booking.

Glenys Osbourne's current affairs interest group is still finding it's feet. If you are interested do contact Glenys

Membership Care: Please advise Sara Newsome,\_if you know of any of our membership who may be very unwell or coping with a bereavement.



Covid is certainly still active in our area so we do hope you will feel comfortable wearing a mask at our meetings, if you wish. We will continue to have our cuppa outside if weather permits.

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## **NEXT MEETING:**

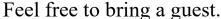
Tues November 7th 10.00 -12.00

WHERE: Catholic Church Hall, Kowhai Street, Helensville

# MAIN SPEAKER: FRANCESCA HEPP

World Cruising, Insights into Luxury Yachting.

Francesca worked for ten years in the superyacht industry, in her talk she will share with us another side to yachting that you don't see on Below Decks, the reality TV show!





## Urgent attention please!

Leave Helensville: 8.45am
Leave Gulf Harbour: 9.55am
Arrive back Gulf Harbour: 3.05pm
Cost: \$95

Includes optional 1.5 hour guided walk (free) Friends and family welcome to come.

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Please deposit boat fare to Rhiannon Herrick's account 060158-0002428-00 include name and U3A in reference or bring cash in a labelled envelope to the November meeting. by November 6 (but the sooner the better!)



## U3A Christmas Lunch

Venue: Helensville Golf Club Peak Road Helensville

Cost: \$35 per head includes café coffee/tea/ cold drinks

Menu: Warm bread rolls with butter

Hot Glazed Ham

Warm Roasted Veggie Salad

Orzo Pasta Salad with Cranberries Spinach and Walnuts

Crisp Garden Salad with citrus dressing

Christmas Fruit Slice

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Please deposit your \$35 into IJ3A South Kaipara Bank Account before the 21 st November.

add your name and Xmas in reference or bring cash in a labelled envelope to our November meeting.

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If

you have special dietary requirements please contact Gloria

Middleditch directly before the 21st November 2023. jandgmiddleditch@outlook.com phone

As this is a normal golf day they requested that we car share as much as possible.

In the spirit of Christmas Pam Muirhead has volunteered to make special Christmas Crackers for a \$5 donation to go to the Kai Collective in Awaroa Road, Helensville.

Nigel Dempster will be organizing some quiz questions for us all.

### **CURRENT INTEREST GROUPS**

Interest group are the great strength of IJ3A. As members we step up and convene small groups that offer rich opportunities for growing knowledge, skills and friendships. The following interest groups are offered by our members for our members. If you are a current IJ3A member and are interested in knowing more about a group feel free to contact the convenors direct. If you would like to join IJ3A South Kaipara or renew your membership please contact Bev Silvester-Clark (Secretary) or Gloria Middleditch (Chair)

Monday	Tuesday	Wednesday	Thursday	Friday
Out and About ny day or time at suits oreen Hogan	1 st Tuesday General Meeting 10am at Catholic Church Hall Kowhai St, Helensville	Mahjong eve ednesday 10.00 anice Webster	Board games Is Thursday 10.00 Sara Newsome	
			Critical Thought group 2nd Thursday 2pm- 3.30pm Convenor Jackie Pillay	
	3rd Tuesday IOam Ted Talks ph Bev Silvester-CIark	2 1 337 1 1	3rd Thursday 12 midday Food & Wine Group Gloria Middleditch	
th Monday 2.30 Committee eeting			4th Thursday 2. 4pm NZ History Tony Silvester•	Last Friday of month 10am Needles and titches Wendy

More about our interest groups.

Needles and Stitches.

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Last Friday of month 10.00-12.00

Convenor: Wendy Daniel

This is a group of like minded people interested in knitting, patchwork, crochet, embroidery, appliqué or any sort of sewing or mending who like to meet in a casual atmosphere for a couple of hours or so each month. There is room for about 6-8 people and space for a person to bring a sewing machine.

#### NZ History

4th Thursday 2.00-4.00

Convenor — Tony Silvester-Clark

This is a monthly self-study group where members pursue their line of interest through reading and sharing their discoveries and learning in the group. As an adjunct to this activity we also arrange guest speakers, view other media (films, documentaries, theatre), organize site visits (trips — local and further afield).

#### Out n About

Convenor: Doreen Hogan

As ideas of places, shows or movies to go to arise, Doreen is available to organise a group trip. Do contact her if you have an idea for such an outing.

Gardening (currently full)

3rd Monday 10.00

Convenor: Heather Hyland Venue: Varies

Our group focuses on practical gardening and knowledge sharing. The group includes a wide range of experience levels and garden styles. We meet at each other's homes or occasionally at a garden centre cafe. Over coffee we report back on the month's gardening, ask for any advice, and share friendship and laughter as well as surplus plants.

Ted talks (currently full) 3rd Tuesday 10.00-12.00

Convenor: Bev Silvester-Clark

Purpose: To stimulate our minds and provide the opportunity to learn something new or expand existing knowledge by watching a TED talk together. The group offer free and open discussion on the topic chosen by a different member of the group each time. We find we discuss many aspects of not only the topic but other areas that it directs us to move to. It is a fun group where we often laugh together and learn a lot from the collective background of everyone.

#### Critical Thought Group

2nd Thursday of the month 2pm — 3.30pm (no later than 4pm)

Convenor Jackie Pillay Venue Rotates to different homes.

This is the old philosophy group with a new format. Each group member has a turn at choosing a topic, researchingit and then leading the subsequent discussion.

#### **Book Club**

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Convenor: Rhiannon lerrick rhiannon.herrick@xtra.co.nz

#### Venue:

We have an enthusiastic group of readers. We follow a simple format where each person gives a brief description of a book read recently. This has become a rich resource for reading ideas for the members. A list of the books presented is then shared by email and some books are passed on to others. We usually have about 8 attending and our hour long meeting goes by very quickly.

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Mahjong

Convenor: Janice Webster

10.00-12.00 every Wednesday

Apart from lockdowns this keen group has been meeting weekly for three years. We welcome learners.

Food/Wine Group

Lunch 3rd Thursday each month

Convenor, Gloria Middleditch

Venue: Various restaurants and eateries

We comprise of between 8-15 persons enthusiastically coming together from very varied backgrounds to learn about and enjoy foods or wines from around the world that are available or made in NZ. There are a few interesting older buildings that have been repurposed from homes or business' now adapted for use as a restaurant with very interesting histories. We can carpool if necessary all to be organised through Gloria Middleditch



Warm wishes
U3A Sth Kaipara Committee
Gloria Middleditch Chair
Tony Silvester-Clark Treasurer
Bev Silvester-Clark Secretary
Sara Newsome Membership Care
Nigel Dempster
Doreen Hogan
Pam Muirhead
Linda Cameron
Jackie Pillay

You are receiving this newsletter because you recorded an interest in U3A Sth Kaipara.

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You can update your preferences or unsubscribe from this list.

Or email Bev Silvester-Clark bev.s-c@outlook.com

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