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# U3A Sth Kaipara News October 2023

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Greetings All

Please see below for two new interest groups that are forming. Meanwhile there is planning afoot for day trips in November to **Tititiri Matangi Island** and to **Miranda Shore Bird Sanctuary**. Details will be posted in the next newsletter and at the November meeting. Meanwhile please let Rhiannon Herrick know, if you haven't already done so, of your interest in either or both of these trips.

Thanks to Pam Muirhead, another exciting event is in planning stages for next March for our own **antiques road show**. Watch this space!

Much gratitude for the **donation of \$40 to Good Food** from our September meeting.

**Membership Care:** Please advise **Sara Newsome, if you know of any of our** membership who may be very unwell or coping with a bereavement.

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Covid is certainly still active in our area so we do hope you will feel comfortable wearing a mask at our meetings, if you wish. We will continue to have our cuppa outside if weather permits.



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**NEXT MEETING:**  
**Tues October 3rd 10.00 -12.00**

**WHERE :** Catholic Church Hall, Kowhai Street, Helensville

**MAIN SPEAKER: Scott Osborne**

**Chairperson** Helensville Railway Station Trust

This promises to be a very interesting and entertaining overview of local and national rail services. Bring along your questions.

**MINI SPEAKER:**  
**Terri Williams**

**Feel free to bring a guest.**



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**Where do you like getting 'Out n About'?**

Some of our Outings are easy to organise through our Newsletter and Monthly Meeting – usually because the time between knowing of the details and the deadline for bookings is easy to meet ... Others, like Theatre, Movies, Exhibitions and multiple-choice events (e.g. Writers Week”) have proved more difficult!

So, we are *asking members to indicate the 'Out n About' options* that they would like to get timely notice of, via email, these will be grouped, so that *you will get only the notices you want ...*

The categories are: Theatre / Movies / Exhibitions / multiple choice 'Weeks' /

'One-off' events (e.g., Our Club Grps; City Council) Or ...?!?

Where possible, we will make bookings for middle of weekdays (movies, exhibitions); weekend matinees (theatre) ... transport will usually be car-pooling, with passenger contributions for fuel, as per Club agreement.

[*All members are welcome to suggest 'Outings'* – I'm a facilitator, not the organiser of the group! Margie Revell has suggested a visit to the First Nations display at the Auckland Art Gallery in October ... look to *put your name down on the list* that will be on the table at October's mtg on 3<sup>rd</sup>!]

Thank you!

Doreen Hogan

### **NEW INTEREST GROUPS**

Two new interest groups are forming that will be located in the Waimauku/Muriwai area. Details will be finalised shortly but do contact either Glenys or Sara if you are interested in knowing more.

**Current Affairs** convened by Glenys Osborne

**Board games** convened by Sara Newsome

### **CURRENT INTEREST GROUPS**

Interest group are the great strength of U3A. As members we step up and convene small groups that offer rich opportunities for growing knowledge, skills and friendships. The following interest groups are offered by our members for our members. If you are a current U3A member and are interested in knowing more about a group feel free to contact the convenors direct. If you would like to join U3A South Kaipara or renew your membership please contact

Bev Silvester-Clark (Secretary) or Gloria Middleditch

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Out and About Any day or time that suits Doreen Hogan</b>	<b>1st Tuesday General Meeting 10am at Catholic Church Hall Kowhai St, Helensville</b>	<b>Mahjong every Wednesday 10.00 Janice Webster</b>		

			<b>Critical Thought group</b> <b>2nd Thursday</b> <b>2pm-3.30pm</b> Convenor Jackie Pillay	
<b>3rd Monday</b> <b>10am</b> <b>Gardening,</b> <b>phone</b> <b>Heather</b> <b>Hyland</b> <b>currently full</b>	<b>3rd Tuesday</b> <b>10am Ted</b> <b>Talks ph. Bev</b> <b>Silvester-Clark</b>	<b>3rd Wednesday</b> <b>2pm Book</b> <b>Club,</b> <b>Rhiannon</b> <b>Herrick</b>	<b>3rd Thursday</b> <b>12 midday Food</b> <b>&amp; Wine Group</b> <b>Gloria</b> <b>Middleditch</b>	
<b>4th Monday</b> <b>2.30 U3A</b> <b>Committee</b> <b>Meeting</b>			<b>4th Thursday 2-4pm</b> <b>NZ History</b> <b>Tony Silvester-Clark</b>	<b>Last Friday of month 10am</b> <b>Needles and Stitches Wendy Daniel</b>

**More about our interest groups.**

#### **Needles and Stitches.**

Last Friday of month 10.00-12.00

**Convenor:** Wendy Daniel

This is a group of like-minded people interested in knitting, patchwork, crochet, embroidery, appliqué or any sort of sewing or mending who like to meet in a casual atmosphere for a couple of hours or so each month. There is room for about 6-8 people and space for a person to bring a sewing machine.

#### **NZ History**

4th Thursday 2.00-4.00

**Convenor** – Tony Silvester

This is a monthly self-study group where members pursue their line of interest through reading and sharing their discoveries and learning in the group. As an adjunct to this activity we also arrange guest speakers, view other media (films, documentaries, theatre), organize site visits (trips – local and further afield).

#### **Out n About**

**Convenor:** Doreen Hogan

As ideas of places, shows or movies to go to arise, Doreen is available to organise a group trip. Do contact her if you have an idea for such an outing.

#### **Gardening** (currently full)

3rd Monday 10.00

**Convenor:** Heather Hyland

Our group focuses on practical gardening and knowledge sharing. The group includes a wide range of experience levels and garden styles. We meet at each other's homes or

occasionally at a garden centre cafe. Over coffee we report back on the month's gardening, ask for any advice, and share friendship and laughter as well as surplus plants.

**Ted talks** (currently full)

3rd Tuesday 10.00-12.00

**Convenor:** Bev Silvester-Clark

**Purpose:** To stimulate our minds and provide the opportunity to learn something new or expand existing knowledge by watching a TED talk together. The group offer free and open discussion on the topic chosen by a different member of the group each time. We find we discuss many aspects of not only the topic but other areas that it directs us to move to. It is a fun group where we often laugh together and learn a lot from the collective background of everyone.

**Critical Thought Group**

2nd Thursday of the month 2pm – 3.30pm (no later than 4pm)

**Convenor** Jackie Pillay **Venue** Rotates to different homes.

This is the old philosophy group with a new format. Each group member has a turn at choosing a topic, researching it and then leading the subsequent discussion.

**Book Club**

3rd Wednesday 2.00-

3.00

**Convenor:** Rhiannon Herrick

We have an enthusiastic group of readers. We follow a simple format where each person gives a brief description of a book read recently. This has become a rich resource for reading ideas for the members. A list of the books presented is then shared by email and some books are passed on to others. We usually have about 8 attending and our hour-long meeting goes by very quickly.

**Mahjong Convenor:** Janice Webster

10.00-12.00 every Wednesday

Apart from lockdowns this keen group has been meeting weekly for three years. We welcome learners.

**Food/Wine Group**

Lunch 3rd Thursday each month

**Convenor.** Gloria Middleditch.

**Venue:** Various restaurants and eateries

We comprise of between 8-15 persons enthusiastically coming together from very varied backgrounds to learn about and enjoy foods or wines from around the world that are available or made in NZ. There are a few interesting older buildings that have been repurposed from homes or businesses now adapted for use as a restaurant with very interesting histories. We can carpool, if necessary, all to be organised through Gloria Middleditch



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Warm wishes

**U3A Sth Kaipara Committee**

Gloria Middleditch Chair

Tony Silvester-Clark Treasurer

Bev Silvester-Clark Secretary

Sara Newsome Membership Care

Nigel Dempster

Doreen Hogan

Pam Muirhead

Linda Cameron

Rhiannon Herrick

Glenys Osbourne

Jackie Pillay      Terri

Williams

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U3A South Kaipara ·

